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# VYWOM

## VOICE OF YOUNG WARRIORS OF MORUNG

A Magazine by the cadete of Bainth Behool Bungles, Ragaland

# VYWOM: Unlimited vistas of sky.

VOL: XI We Learn, We Serve

YEAR: 2018

## 10th ANNUAL SPORTS MEET

Cames and sports are an integral part of our life. It is very important for all round development of body and mind. Keeping this in mind, Sainik School Punglwa celebrated its 10<sup>th</sup> Annual Sports Meet on 9<sup>th</sup> December 2017 with Dr Neikiesalie Nicky Kire, Minister PWD Roads and Bridges, Govt of Nagaland, as the Chief Guest for the closing



ceremony. Principal Gp Capt, Sharad R Keskar while welcoming the guests gave a rundown on significance of the annual sports meet that commenced from Nov. 11<sup>th</sup> with inter house marathon race competition.

On the concluding day of the 10<sup>th</sup> annual athletics and sports meet, finals of some track events viz: 100m for class X and XI, 400m for class VIII and IX, 4x100m relay for class X and XI and 200m for class VI and VII respectively in addition to tug of war and musical chair for the parents were conducted Cdt Piwoto Z Awomi clocked the 100m in 12:63 sec. and become the fastest cadet of the school. Patkai house lead by House Master Henminlal and House Captain Khrisavil Ltu lifted the Inter House Athletics and Sports Trophy of the year 2017-18. The Chief Guest gave

away the certificates, medals and the trophy to the winners in various events. After the prize awards ceremony, the principal presented the school memento to the chief guest.

The function included spectacular and mesmerizing items such as Mass FT by cadets of class VI and VII, Aerobics by cadets of class VII and VIII, Tableau Display by cadets of class X and Gymnastics by cadets of classes X and XI. The occasion was also marked by a colourful and vibrant cultural dance by the Angami Cultural Troupe from Medziphema. Cadets from the six mother houses marched past the saluting dais to the tune played by the school band while the Chief Guest took the salute. Earlier, the Chief Guest released 'VYWOM' a half yearly magazine by the cadets which show cases their inherent creative expressions and different activities undertaken in the school.

Cdt. Adarsh Raj

## INVESTITURE CEREMONY 2018-19

Investiture ceremony is a yearly event conducted in our school where competent and deserving cadets are given the responsibilities to be the leader of their respective houses for the academic session.

This year our school conducted the investiture ceremony on 23<sup>rd</sup> of April for the academic session 2018–19. A total of 40 cadets were given the appointmentship after going through interviews by different selection boards. The appointments are given based on the cadets performance in different disciplines such as sports, academics and co curricular activities of the



school. Cadet Sendemo Tsanglao of class XII was appointed as the School Captain and will lead and represent the entire Cadets. Cadet Abhishek Pandey and Cadet Bakjul Naji were appointed as School Academic; and Sports and Discipline captains respectively.

Apart from the school captains, the mess which is considered as one of the most sacred place by tradition in military, is headed by School Mess Captain Cadet Piwoto Z Awomi. The School Band Captain appointment was given to Cadet Amar Sharma. Besides the school captains, the ten different houses which comprises of 6 mother houses and 4 holding houses in the school are headed by their respective House

Cadets Captains who are in charge of the performance and well being of their houses. The House Captain is the one who leads his house in different events like inter house competitions besides many other activities of the school. He is assisted by two Vice Captains and in the case of junior houses, additional Prefects are appointed and are given different responsibilities to cater for the juniors of the school. For the first time School Vice Captain from class XI was appointed to lead the school cadets in the absence of class XII as they become busy in the NDA and CBSE studies. Cadet Ajit Kumar was appointed as the School Vice Captain.

Col Nishit Murat Singh Thakur, Commanding Officer of 36 Assam Rifles was the Chief Guest for the investiture ceremony, He was accompanied by his wife Mrs Mainta Thakur. In his address to the cadets, he exhorted the cadets to be more effective, reliable and diligent in carrying out their responsibilities for the betterment of the school. He further encouraged the cadets to stand against all testing times. The Chief Guest presided over the piping ceremony of school appointments.

Cdt. Moasunep

"Knowledge comes from learning. Wisdom comes from living"

-Anthony Douglas Willams

## 69th REPUBLIC DAY CELEBRATION

The 69th Republic Day of our country was celebrated at Sainik School Punglwa Nagaland on 26th January 2018. The auspicious occasion was graced by Gp Capt Sharad R Keskar, Principal SSPN, as the Chief Guest. On his arrival, the Chief Guest was received by School Captain, Tokhou Humtsoe. The Chief Guest unfurled the Tri-colour after which he inspected the parade put up by the six Mother houses. School Cadet Captain Tokhou Humtsoe led the parade contingent. As the march-past concluded, speech in Hindi by Cdt Kalom Taggu and speech in English by Cdt Kohang Guing were presented. Melodious patriotic songs were also presented by the cadets of class VII and VIII. After the song, the Chief Guest, Gp Capt Sharad R Keskar, gave his speech. In his speech, he stated that Republic Day was a day when our



nation took the supreme step to abide by the constitution which was laid down by our visionary leaders. After his speech, the result of the drill competition was declared and Japfu house was adjudged as the overall champion in the drill competition and lifted the trophy.

Meanwhile, 24 cadets of class IX led by Cadet Lemmin Ferme of Class X represented the school in the district level Republic Day celebration parade at Feren, wherein Sainik School Funglwa contingent bagged the first prize in the

schools category. The school congratulated the contingent for bringing laurels to the school and further exhorted them to continue with the same competitive spirit in the days to come.

## AWARENESS CAMPAIGN ; WORLD CANCER DAY

I would like to take this privilege to pen down the wonderful and delighting experience on the awareness program our school conducted on 4th of February 2018 known as "The World Cancer Day". For the social cause, our school conducted the awareness campaign against the ill effects of smoking, drinking liquor and various bad practices which results in cancer. This was carried out through street plays, speeches and banners with the efficient and skillful

participations of the cadets. This program was assigned to the volunteering cadets of class XI and X, and were divided in two groups to spread the awareness in two neighboring villages - Gailee and Funglwa. The school provided us with the transport and we headed off to our respective villages on 4th February morning. The Cadets were lead and guided by Shri Kann Barman (TGT) and Shri. Sunil Antil, (TGT). The Cadets gave a mesmerizing and creative street play vividly depicting how Cancer can slowly kill the human race silently, posters on awareness and prevention of cancer were also placed at designated places in both the villages.

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To attract the public and families to witness the program from their busy schedule, we started shouting "ahibi ahibi" which means come witness (in Nagamese) followed by
banging the drums and displaying the banners in group so that they don't miss out the information we have prepared for
them. Many people from all walks of life came to witness the program and with their much anticipation we performed
and completed the task assigned to us. It was indeed heartening to see that the people were happy with the program and

## CBSE REGIONAL LEVEL SCIENCE AND MATHS EXHIBITION

I cadet Phassang Joshua along with Sir Shankar Shon Nath participated in the CBSE regional level Science and Math exhibition which was held in Miles Bronson Residential School (MBRS), Guwahati from 29th of December to 31st of December 2017. Around 50 schools participated in this competition with different models. The model which I presented was "MR TRASH WHEEL" based on the sub-topic "Waste management and water body conservation. "MR Trash Wheel is used for the purpose of removing solid wastes from the water bodies. It does that by the help of solar and hydro energy. It is cost effective and productive device that can be installed in the rivers of India for better waste and water management system.

Though I could not make it to the national level competition, yet I leaned a lot. Firstly, it gave me an ample opportunity to manifest my talents and secondly it gave me a stage full of talented student with whom I got a chance to interact; indeed to learn more about this competitive world in which I could visualized series of challenges which I as an individual should stand against all odds in exploring my dreams.



"Never stop learning, Because life never stops teaching"

#### MOTIVATIONAL CUM EDUCATIONAL TRIP







## TRIP TO TAWANG

On 17th April, 2018 at 3:00 Am we the cadets of class VII with full enthusiasm and eagerness boarded our buses for our excursion to Tawang. The land of the Monpas. Our first destination was Tenga, we were very much eager to reach it. During the journey, we were happy to be released from



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much eager to reach it. During the journey, we were happy to be released from our hectic school routine. The road to Tenga from Bhalupong was a very hilly one as well as forested. We reached Tenga at around 9 Fm; there we stayed for a night and had the privilege to interact with the Commanding Officer Lt Col SN Thapa who himself was an alumnus of Sainik School Lucknow. The next morning we left for Tawang, we had our breakfast at the Naga Regiment. There Captain Sumit Shakya brief us about the regiment, then we climbed on and we found ourselves at a height of about 14,000 ft above sea level at Sela Pass. Then at Jaswant Garh we had our bunch and paid homage to RFN Jaswant Singh Rawat who stopped the Chinese aggression for 72 hrs. Finally we reached Tawang at 7 Fm and stayed at ADHOC transit Camp. The next day we went to the war memorial and paid homage to soldiers who laid down their lives fighting

for their country, we were also impressed by Tawang Monastry and our trip culminated with tea and light shows. Our trip was short-lived but a memoriable time. Lastly, I would like to thank the school authority as well as our teachers; sir Sunil Antil, sir Anand and sir Sumpa for their care and guidance without whom the trip wouldn't be a successful one.

Cdt. Cyati Takka

#### TRIP TO SHILLONG

On the 26th April 2018, we the cadets of Class VIII set off from school to Dimapur for a motivational tour to Shillong. We boarded train at 6 O' Clock to proceed towards Guwahati. On arrival at Guwahati around 12 PM, we boarded three buses to take us to Shillong and we finally arrived at 58th GTC Happy Valley Shillong at 04:30PM where we



were given a warm welcome by Lt Col Mishra who also gave us an inspiring talk. The next day on 27th April 2018, we visited Assam Regimental Centre. We were first taken to War Memorial which filled our hearts with respect for the war heroes. We also visited Bishmu Museum, Indoor shooting range, ARC Farade Ground and Regimental Wushu Training Centre. Next we went to the famous Shillong Feak and had a glimpse of majestic Shillong Town from a bird's eye view. Then after, we were taken back to 58th GTC for a quick hunch and a short breather. We then visited various places inside 58th GTC like the grand Manekshaw Museum. The next

day on 28<sup>th</sup> April 2018l, we started our trip to Cherrapunjee with full of expectations. We first reach a Viewpoint where we enjoyed the sight of a beautiful Pine valley. We visited incredible waterfalls like the Nohkalikai Falls, the famous Seven Sisters Falls which left us awestruck. We then proceeded towards Mawsmai Cave where we have the experience of exploring the dark depths of the cave. Finally we reached our last destination – Thangkharang Fark which has a spacious place for recreation and a huge catch of Botanical plants and orchids. We reached 58<sup>th</sup> GTC at 7:30 PM. The next morning Deputy Commandant 58 GTC gave us an inspiring talk. Bidding farewell to 58 GTC and the officer, we started our journey back to Guwahati by bus. We reached SSPN at 01:45 AM on 30<sup>th</sup> April 2018. We heartly thank Sir Henminlal the in charge of the entire trip, and also Sir Haokholen and Hav Sakuneken Ao for efficiently looking after us through the tour. We also extend out gratitude to the school authority for organizing and sanctioning for us such an educational tour which highly left us motivated and inspired.

## TRIP TO NATIONAL DEFENCE ACADEMY, PUNE

The educational-cum-motivational trip to NDA Pune for the cadets of class XI culminated on the 24<sup>th</sup> of March 2018. After 3 days of journey by train, we finally reached city of Pune and were accommodated in the College of Military Engineering. Pune. The same day, the cadets were taken on a guided tour around Cadets' Training Wing, which is under CME. Proudly known as "The Officers' Factory", we were taken to the CTW Motivational Gallery and exposed to numerous medals, awards and the biopic of great officers produced by this institute. A motivational video was also shown



to the cadets. The following day, we moved for the National Defence Academy, Pune. Its location was perfect, the view too beautiful and the people, disciplined to perfection. Several officers interacted with the cadets we Training Team.

and made known to them several things they yearned to know about the academy. We visited the Air Force Training Team Area, Navy Training Team Area, Cadets' Mess, Museum Theatre, and the Equitation Team Stable, The ones that struck awe among the cadets were the Cadets' Mess and the Sudan Block the Administrative Headquarters of the NDA. The day ended well with high hopes and spirits within the cadets, having their enthusiasm reignited to strive harder for entering the academy Subsequently, the sight of the magnificent, well-groomed horses mesmerized the cadets, who were briefed by the officer overlooking the maintenance of the stables. The feeling of sitting in the theatre and watching a documentary on the life of an NDA cadet was a new experience The return journey to Sainik School Punglwa began the day after and the cadets reached the school during the early hours of 2nd April 2018. I on behalf of the cadets would like to thank our school authority for giving us such a wonderful exposure in the Defence realm.

Tekapong Longkumer Adm.No.523 Class-XII

"The Best teachers teach from the heart not from the book"

-Апопушоц

cdt.

#### MOTIVATIONAL LECTURES AND VISITS





## BY MAJOR NS ANGAMI



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On 23<sup>rd</sup> April, Cdts of SSPN got an opportunity to attend a motivational lecture by Major NS Angami. The officer who is also an alumnus of prestigious Rashtriya Indian Military College, Dehradun and NDA addressed the cadets of class X, XI and XII. He narrated in detail about his personal life experience. In his motivational speech the officer encouraged the cadets to focus on their goal and not to compromise in the face of any challenges which comes in their career journey. He stressed cadets to follow the school rules and regulation. He encouraged them to fulfill the goals of the school. He advised them to have a focused approach to one's goal i.e., National Defence Academy and added that there is no space for weakness in armed forces.

Cdt Prajjual Singh Adm.no.619

## BY HYUNILO KENT, PSYCHOLOGIST

On 27th April 2018 Cadets of Sainik School Punghwa were privileged to have guest lecture on a much need topic 'Adolescence' by Mr Hyunilo Kent, MA Applied Psychology from Dept of School Education Kohima to guide and direct the cadets in their transitional period. The guest lecturer dealt at length the problems faced by the cadets in their adolescence period and the necessary precaution they need to take while getting into destructive activities and experiments. He warned them of their I-know-everything attitude which is a fallout of the emotional imbalance they are going through. He further advised them to be



cautious of their peer pressure which are often negative. Cadets of class 9 to 12 attended the programme. Senior Master Mr Kanu Barman thanked the resource person for the valuable guidance given to the cadets.

## VISIT OF PRINCIPAL CONTROLLER OF DEFENCE ACCOUNT (BORDER ROADS)



Sanjiv Mittal, IDAS Principal Controller of Defence Accounts (Border Roads) New Delhi visited Sainik School Punglwa Nagaland on April 17, wherein he was received by Group Captain Sharad R Keskar, Principal, Sainik School Punglwa (SSPN) and he was briefed by Principal about functioning of the school and its financial substance. He was given a detailed presentation on functioning review of the school. Mittal visited the school's academic block, hostel and other projects sites of the school, interacted with school staff and also attended lunched with cadets and staff.

The Officer speaking at the post hunch session to cadets that being in one of the Sainik School was an excellent opportunity for cadets and they must avail full benefits of the facilities provided to them. He was happy to note the progress made by the school since its inception.

cdt.

## VISIT BY MAJ GEN M VINAYAK CHANDRA, YSM, SM

On January 12, 2018, Maj Gen M Vinayak Chandra, YSM, SM, Sr DS National Defence College and Air Cmde Jose Joseph, VSM, FD (Ops Lgs) Air HQ both Ex Sainik School Kazakhootam visited Sainik School Funglwa. The two dynamic Officers, who visited the school on behalf of the Ministry of Defence, interacted with Frincipal, Academic, Admin Staff and the Cadet of Classes XI-XII. They discussed at length on various aspects like academic performance of the school, methods to improve NDA result and other related issues. The two officers encouraged and motivated the cadets and the staff alike to put in their best and render their selfless unflinching dedicated service to bring out a bet-



ter result in the years to come. The General Officer was given Guard of Honour by Cadets of Class XII

Cdt Anguvi Sumi Adm. No.

"A Child's life is like a piece of paper on which every person leaves a mark."



## INTER\_HOUSE SUB\_JUNIOR FOOTBALL

Inter house games activities are conducted annually in our school to provide a platform and an opportunity where cadets show their proficiency in a particular game. It is also conducted in order to develop coordination

 a sense of belonging to each other and also to test the physical strength besides many others.

The long awaited Inter house games championship kicked off on the 5th of April 2018 with sub-junior football for cadets of class VIII and IX with the first league match played between Saramati and Melak. The tournament saw an active and enthusiastic participation of the cadets sweating hard for their houses. All the six houses gave a good fight to their opponent. Yet, Melak and

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Japfu house managed to enter finals wherein Melak defeated Japfu in penalty shootout and emerged as the champion of the Inter House Sub Junior Football Championship. Cadet Kedosetuo Fienyu was adjudged as the best player of the tournament.

> Cdt Amar Sharma Adm.No:606

## INTER HOUSE BASKETBALL CHAMPIONSHIP

Inter house Basketball championship for sub junior and junior category kicked off on 19<sup>th</sup> April 2018. The championship was played on league cum knock out basis. All six mother houses actively participated in the tournament, each team gave their best to win the trophy. But it was the hard work and skill of undisputed Melak house players which took them to finals in both the categories and emerged as the overall winner of inter house basketball



championship. The final match for junior category was played between Melak house and Doyang house. In a tough match, Melak beat Doyang by 41–29 points. Meanwhile, Melak who also won the sub junior category, was crowned the overall basketball championship. Doyang and Patkai house claimed second and third position respectively. Cadet Rokozobie Nisa of Melak house was adjudged the best player in the

junior category. Gp Capt Sharad R Keskar, Principal Sainik School Punglwa graced the occasion as the chief guest and presented the medals and certificates to the winners besides the best player award to the deserving cadets and overall trophy to the winning house. Addressing the cadets the chief guest said that team work are the major part which contributes to wards a win and makes a difference between winner and runners-up team.

Sungjemkaba Jamir Adm.No:525 Class:XII

### cdt.

### INTER HOUSE SUB JUNIOR VOLLEYBALL CHAMPIONSHIP

Inter House Sub Junior volleyball championship kicked off on 12<sup>th</sup> March for the young cadets of class VIII and IX. The championship witness an active participation from all young cadets. All houses played well but Tizu House managed to bag the gold medal. The final was played between Tizu and Doyang where Tizu defeated Doyang by 2 sets to 0. Cadet Rohit Raj was adjudged as the best player of the tournament. Gp Capt Sharad R Keskar, principal Sainik School Pun-

glwa, graced the occasion as the chief guest and gave away the medals and certificates to the winning houses. Inter House Volleyball trophy was bagged by Melak House for their great performance in junior level.



After the final, a exhibition match was played between staff and the senior cadets of class XII. The event concluded with words of appreciation and encouragement by the principal. During his speech he stressed upon coordination, initiative and team work as the key that makes difference between the winner and the runner up.

Cdt Sau\_

-Aristotle

"Educating the mind without educating .The heart is no education at all ."



#### INTER HOUSE FOOTBALL CHAMPIONSHIP 2018-19

As a part to rejuvenate young minds of Sainik School Punglwa, Inter House Football Championship 2018–19 for junior cadets of class X and XI kicked off on 12<sup>th</sup> April 2018. The championship was played on league



cum knockout basis where all houses strived hard to put the trophy in their hand. Saramati house dominated the tournament throughout and emerged as the winner in the final match against defending champions Patkai house. Cadet Sonam Tsering maintained his constant performance throughout the championship and netted 2 goals in the final and was adjudged as the

best player of the tournament. Gp Capt Sharad R Keskar, principal of Sainik School Punglwa graced the occasion as the chief guest and gave away the medals and certificates to the winning houses whereas. Overall Inter House Football trophy was clinched by Patkai House. The event concluded with words of appreciation to all the staff and cadets by the principal in making this tournament a success.

Cdt Sashwat Kumar Satay

## ADIEU TO CLASS XII

n 24th Feb 2018, Sainik School Punglwa organised a farewell programme for cadets of class XII. The programme

highlights were solo song, dance, group song, mimicry besides many other entertaining programme by cadets of class XI. A farewell speech for the outgoing cadets was delivered by Cdt. Aboka M Kinimi on behalf of class XI. Finally, the Principal presented mementos to outgoing cadets and wished the best for them in their endeavours. Gp Capt Sharad R Keskar, Principal, Sainik School Punghwa, in his farewell speech encouraged the outgoing class XII to be a role model and also to be a responsible and a good citizen.

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Cdt. Aboka M Kinimi Adm.no.556 Class-XII

## WELCOME



HAV/APTC Pranav Kumar Bagal

# PTI



CHM/APTC Ajit Patil

Teacher Coordinator & Publication : Mr Tsonga Semp, PGT English
Student Coordinator : Cdt Rithik Frakash, Adm No:609
Photo Coordinator : Spectrum Photography Club, Sainik School Punglwa.
Concept, Design & Direction : Mr Khogendro Ahanthem
Patron : Gp Capt Sharad R Keskar | Chief Editor : Sqn Ldr Sanjeev Chaudhary

Website :- www.sainikschoolpunglwa.nic.in

Email :- sainikpunglwa@yahoo.co.in

Phone No :- 03839-262004