



VY WOM

VOICE OF YOUNG WARRIORS OF MORUNG



A Newsletter of Sainik School Punglwa, Nagaland

Unlimited vistas of sky

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We Learn, We Serve

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FROM THE PRINCIPAL'S DESK

Jai Hind!

"The mind is not a vessel to be filled, but a fire to be kindled." – Plutarch

As we venture ahead and spread our wings in yet another enriching half yearly academic term, we reflect on the meaningful progress our school has made in shaping young minds. With a focus on value-based education, we strive to balance modern infrastructure with a dynamic curriculum. Activities across academics, environment, health, sports, arts, and personality development are seamlessly integrated to foster holistic growth in every cadet. This newsletter (VY WOM) mirrors the multifarious activities that are being conducted during this half yearly term for holistic approach of cadets.



Colonel Arvind Nautiyal, Principal

PARTICIPATION IN FLAG OFF EVENT OF CYCLING RALLY PEDALING PATRIOTS -II



Fifty cadets comprising of 26 girl cadets and 24 boy cadets, enthusiastically participated in the flag-off event of the Cycling Rally - Pedaling Patriots II held at Bhagat Singh Stadium, Rangapahar Military Station on 02 Dec 2025. As part of the event, six cadets who excelled in Elocution Competition, Academics and Sports were felicitated by Lt Gen Abhijit S Pendharkar, AVSM, YSM, GOC, HQ 3 Corps, Rangapahar. The cadets also had the privilege of engaging in a meaningful interaction with Lt Gen Abhijit S Pendharkar, AVSM, YSM, GOC, Maj Gen Vijay Jotwani, CoS, HQ 3 Corps and other distinguished officers, leaving them inspired and motivated. This event reinforced the spirit of patriotism and provided a platform for the cadets to learn from the Army's ethos and leadership, making it a memorable and enriching experience.

XV ANNUAL SPORTS MEET

The XVth Annual Sports Meet, which commenced on 13th November 2024, concluded on 07 Dec with a spectacular closing ceremony, marking the culmination of days filled with thrilling competitions, sportsmanship and camaraderie. The event was graced by Principal, Vice Principal and staff. The highlight of the ceremony was the much-awaited prize distribution, where the Principal and Vice Principal presented medals and trophies to the outstanding athletes and winning teams. Melak House emerged victorious in the Junior category, securing the coveted Inter-House Athletic Meet Trophy, while Tizu House claimed the championship title in the Senior category with their remarkable performance.



FOUR CADETS FROM SSPN RECOMMENDED FOR NDA

BATCH 2024 - 25

CADET



JOY BRATA CHAKMA

CADET



IHUDING IHEILUNG

CADET



EKAGRA ARIYAN

CADET



SUJAL SHARMA

The school takes immense pride in announcing that four of its cadets have successfully cleared the Service Selection Board (SSB) and have been recommended for entry into the National Defence Academy (NDA). This outstanding achievement reflects the relentless dedication, perseverance, and commitment of both the cadets and the school in shaping future leaders of the Armed Forces.

On this momentous occasion, Col Arvind Nautiyal, Principal, extended his heartfelt congratulations to the cadets. He lauded their hard work and determination and urged other cadets to draw inspiration from this success and strive for similar excellence.

"The pain you feel today is the strength you'll feel tomorrow" — Anonymous

WELCOMING NEW ENTRANTS CADETS AT PUNGLWA HOUSE

The school organized 'At Home' programme at Punglwa House, extending a warm and cordial welcome to new entrants of Classes VI & IX on 12 Jan 2025. This event which is a cherished tradition of the school, aimed to foster camaraderie, ease the transition of new cadets, and create a sense of belonging within the school community. As part of the event, cadets showcased their talents and skills through their dances and songs. Col Arvind Nautiyal, Principal of the school officially welcomed the new entrants to Sainik school family.



ANNUAL INSPECTION BY CMDE RAJESH KUMAR, (IO) SSS MINISTRY OF DEFENCE



Sainik School Punglwa had the honour of hosting Cmde Rajesh Kumar Sharma, Inspecting Officer (IO) Sainik Schools Society, Ministry of Defence, New Delhi, during his four-day official visit to the institution from 21 Jan to 23 Jan 2025. His visit was aimed at conducting the annual inspection to assess and inspect various aspects of the school, including academics, administration, and infrastructure, ensuring adherence to the highest standards of excellence. A key highlight of the visit was the inauguration of the NDA Motivation Hall, a dedicated space designed to inspire and guide cadets in their pursuit of joining the National Defence Academy (NDA).

SSPN CADETS REPRESENTED NAGALAND AND SAINIK SCHOOLS AT THE 8TH EDITION OF PARIKSHA PE CHARCHA

Three cadets from Sainik School Punglwa namely Cdt Chumbentung Y Ezung, Cdt Cidibe Peter Mbung and Cdt Moatemjen Jamir represented Nagaland and Sainik Schools in the 8th Edition of Pariksha Pe Charcha (PPC) event 2025 held from 24 -28 Jan 2025 at New Delhi. The main enlightening interactive session with the hon'ble Prime Minister was held on 27 Jan at Sunder Nursery, New Delhi. Notably, Cdt Chumbentung Y Ezung was among the few chosen to pose a direct question to the Prime Minister. As part of the event, they also had the privilege of witnessing the 76th Republic Day Parade, the NCC Prime Minister Rally 2025, and the full rehearsal of grand Beating Retreat.



76TH REPUBLIC DAY CELEBRATION



Commemorating the supreme sacrifices of the great patriots who laid the foundation of our nation, the school celebrated the 76th Republic Day with reverence and patriotic spirit on 26 Jan 2025. The event witnessed the enthusiastic participation of cadets and staff, who came together to honour the ideals of the Indian Constitution. The celebration was graced by Col Arvind Nautiyal, Principal, as the Chief Guest. The event concluded with inspiring speeches, patriotic songs on the significance of Republic Day, instilling a deep sense of nationalism and responsibility among the young cadets.

PARTICIPATION IN THE EX-SERVICEMEN RALLY

A total of thirty cadets, including ten girl cadets, along with four staff members participated in the Ex-servicemen Rally of the Armed Forces and Assam Rifles for the State of Nagaland on 12 Feb 2025. The event was organized by the Spear Corps Rangapahar Military Station. During the event the cadets had the enriching opportunity to witness military displays, interact with ex-servicemen, and gain deeper insights into the life of a soldier. It was a truly inspiring experience that instilled a sense of pride, discipline, and patriotism in all participants. Shri Neiphiu Rio, hon'ble Chief Minister of Nagaland who was the chief guest of the event announced in his address that the state government would provide 100 percent scholarships for home state cadets studying in Sainik School Nagaland to promote excellence and discipline among the youth.



VISIT OF BRIG SHANTANU P MAINKAR, GP CDR, GP HQ KOHIMA



Brig Shantanu P Mainkar, Group Commander, Group Headquarters, NCC, visited the school and interacted with the cadets and staff on 13 Feb 2025. His visit was a moment of great motivation for the cadets. During the interaction, Brig Mainkar shared valuable insights on leadership, discipline, and the role of NCC in shaping future Officers. The Officer encouraged the cadets to imbibe the core values of dedication, perseverance, and service to the nation. His words left the cadets motivated to strive for excellence in all spheres of their training and education.

TELECAST OF PARIKSHA PE CHARCHA EPISODES

As part of an enriching educational initiative, cadets had an opportunity to engage with a series of insightful episodes of Pariksha Pe Charcha from 13 to 15 Feb 2025 focusing on diverse and thought provoking topics. The sessions brought together renowned personalities who shared their knowledge and experiences across a spectrum of fields inspiring cadets with real world guidance. The episodes not only enhanced cadets' understanding of contemporary issues but also instilled valuable life lessons that go beyond textbooks.



WORKSHOP ON POCSO ACT



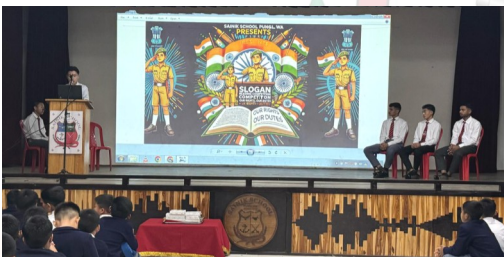
The school conducted an awareness programme on the Protection of Children from Sexual Offences (POCSO) Act and Child Psychology for cadets on 22 Feb 2025. The session aimed to educate and empower cadets with essential knowledge about child rights, legal safeguards, and psychological well-being. The workshop was conducted by Mr. Asungbe, Legal cum Probation Officer, District Child Protection Unit, Peren, Nagaland, who provided a detailed overview of the POCSO Act. He emphasized its significance in safeguarding children's rights and well-being, while explaining the legal consequences of violations.

FAREWELL TO CLASS XII CADETS

The school organised a farewell program for outgoing class XII cadets on 12 March 2025. The event was filled with memorable moments and lively performances. The program featured words of wisdom in the form of speeches, cultural presentations and PPT tribute capturing the unforgettable journey of the senior cadets. As they embark on a new chapter of life, the cadets of class XII were showered with best wishes, making it a heartfelt send off. As part of the event, Col Arvind Nautiyal, Principal felicitated four cadets who got recommended by the Service Selection Board (SSB) for entry into the National Defence Academy (NDA).



SLOGAN READING COMPETITION



The school organized a Slogan Reading Competition on the theme "The Indian Constitution" on 17 March 2025 with an aim to promote awareness and appreciation for the nation's guiding document among cadets. The event saw enthusiastic participation from cadets who showcased their creativity and understanding of constitutional values through impactful slogans. After a close contest, Cdt Rishab Mishra, Cdt Viketholie Mere and Cdt Dzuzuto Phesao were adjudged first, second and third respectively.

PUNGLWA HOUSE BADE FAREWELL TO CLASS XII CADETS

The school organized a heartfelt At Home programme for the outgoing Class XII cadets at Punglwa House on 17 March 2025. The event was graciously hosted by Col Arvind Nautiyal, Principal of the school, as a gesture of appreciation and farewell to the senior-most cadets. The evening was marked by a blend of emotions and celebration. Cadets performed their soulful songs and dance performances, adding colour and joy to the occasion. Cadets expressed their heartfelt gratitude to the teachers and the school for their unwavering support, guidance, and grooming over the past seven years of their journey at the institution.



MOTIVATIONAL LECTURE BY LT HINOTO, AN ALUMNUS OF SSPN



A motivational lecture by Lt Hinoto Kakishe Yephthomi an alumnus of SSPN was conducted for the cadets, offering them a glimpse into his journey of hard work and perseverance. In his lecture, he shared valuable insights from his school days, highlighting the challenges he faced and the power of motivation in overcoming obstacles. Drawing from his experiences, he emphasized the importance of discipline, perseverance, and dedication in shaping one's future.

MOTIVATIONAL TOUR TO GTC & ARC, SHILLONG

Class XI cadets embarked on a motivational tour to the Gorkha Training Centre (GTC) and Assam Regimental Centre (ARC) in Shillong from 23 to 26 March 2025. The visit aimed to provide the cadets with first-hand exposure to the military training environment, Regimental traditions, and the ethos of the Indian Army. Through their visit, the cadets obtained key perspectives into the rigorous training, discipline, and lifestyle of soldiers. Apart from their military establishment visit, the cadets also explored iconic landmarks in and around Shillong, including: Dawki Border, Asia's Cleanest Village – Mawlynnong, Living Root Bridge and Shillong Peak, offering a breath-taking panoramic view of the city and its surroundings.



MOTIVATIONAL TOUR TO ZOOLOGICAL PARK, RANGAPAHAR



The school organized a motivational trip for class VII cadets to the Zoological Park, Rangapahar on 25 March 2025. The visit offered the cadets to observe a wide variety of animal and bird species many of which are not commonly found in their local surroundings. The cadets engaged with the exhibits keenly, gaining valuable insights into the natural habitats and characteristics of various species. The trip blended learning with recreation and served as a strong motivator for cadets to stay connected with nature and wildlife conserva-

AWARD OF BEST ANO BY SMT NANDITA GARLOSA, HON'BLE MINISTER OF SPORTS & YOUTH AFFAIRS

Lieutenant Sunil Kumar, Associate NCC Officer (ANO) of SSPN had been conferred the prestigious Best ANO Award for the North East Region on 25 March 2025. The award was presented by Smt Nandita Garlosa, Hon'ble Minister of Sports and Youth Affairs, Assam, in the esteemed presence of Shri Lakshman Prasad Acharya, Hon'ble Governor of Assam, during the NCC North East Region Annual Awards Ceremony held in Guwahati.

This distinguished recognition highlights Lt Sunil Kumar's exemplary dedication, leadership, and outstanding service in nurturing young cadets and strengthening the ethos of the National Cadet Corps in the region.



MOTIVATIONAL TOUR TO WAR CEMETERY, KOHIMA



cance of the war and the resilience displayed by the soldiers.

Class VII cadets went on a motivational tour to Kohima on 27 March 2025 visiting key historical and cultural landmarks. The trip began with a visit to the Kohima War Cemetery, a solemn site that stands as a tribute to the brave soldiers who made the ultimate sacrifice during World War II. The cadets immersed themselves in the history, valour, and cultural heritage of the region. Their exploration continued at the World War II Museum, where they witnessed a collection of rare artefacts, historical documents, and battle gear, offering them a glimpse into the legendary Battle of Kohima. This visit provided valuable insights into the strategic signifi-

MOTIVATIONAL TOUR TO AIR FORCE STATION, TEZPUR

An Educational cum Motivational Tour was organised for 104 cadets of class X and all girl cadets, commencing on 27 March 2025. The cadets visited 71 Division Headquarters, Misamari, and Air Force Station, Tezpur, where they witnessed advanced helicopters like the Dhruv and Prachand at the Army Aviation Squadron. They also explored elite units such as 11 Para SF, Army Artillery, Drone Nursery, and the FMF Branch, gaining first-hand exposure to modern warfare and military technology. A key highlight was an inspiring interaction with Maj Gen H.S. Gill, GOC, 71 Division, who shared valuable insights into military life and leadership.



SSB RECOMMENDED CADETS FELICITATED BY HON'BLE GOVERNOR AT RAJ BHAVAN



Four cadets from the school - Cdt Ekagra Ariyan, Cdt Ihuding Iheilung, Cdt Joy Brata Chakma, and Cdt Sujal Sharma - who were recommended by the Service Selection Board (SSB) were felicitated by Shri La Ganesan, the Hon'ble Governor of Nagaland during the National Cadet Corps Felicitation Ceremony held at Raj Bhavan, Kohima on 30 March 2025. The Governor exalted the dedication and commitment of these cadets.

PARENTS TEACHERS MEET

The school organized a Parent-Teacher Meeting on 02 April 2025. During the meeting, parents and teachers engaged in meaningful discussions regarding the academic progress, behaviour, and overall development of the cadets. The event served as a valuable platform to strengthen the partnership between parents and school, fostering mutual understanding and cooperation to support each cadet's holistic growth. The academic results of the cadets were also shared, offering parents clear insights into their ward's performance and progress. In addition, Housemasters interacted individually with parents, addressing each cadet's strengths, areas requiring improvement, and overall well-being.



MOTIVATIONAL TOUR TO 22 ASSAM RIFLES, GHASPANI



An Educational cum Motivational Tour was organized for Class IX cadets, comprising 58 cadets (49 boys and 9 girls) to 22 Assam Rifles, Ghaspani, on 02 April 2025. The tour began with a visit to the Auditorium, where cadets were shown a motivational documentary on the history and legacy of the Assam Rifles, followed by an inspiring lecture delivered by Captain Prashant. As part of the itinerary, the cadets visited key

installations such as the Quarter Guard, Signal Centre, Mechanical Transport (MT) Section, and Officer's Mess. Cadets and staff engaged in interactive sessions with the cadets fostering mutual understanding and camaraderie. A weapon display was also organised, offering cadets a first-hand experience with military equipment and enhancing their awareness and interest in the Armed Forces.

VISIT OF BRIG C VASANTA KUMAR, BGS (Info Sys) HQ 3 CORPS

Brig C Vasanta Kumar, BGS (Info Sys), HQ 3 Corps, visited the school on 03 April 2025. During his visit, the Officer was briefed by Col Arvind Nautiyal, Principal, on the functioning and various initiatives of the school. He also interacted with the cadets and staff, engaging in meaningful discussions and encouraging them in their pursuits.



MOTIVATIONAL TOUR TO 9 ASSAM RIFLES, JALUKIE



An Educational-cum-Motivational Tour was organized for Class VII cadets, including girl cadets to the 9 Assam Rifles, Jalukie on 04 April 2025. The trip which is a part of the school's initiative was organised to instil values of discipline, patriotism, and leadership among the cadets. During the visit, the cadets had the opportunity to explore various unit facilities, gaining first-hand knowledge of the

daily functioning of a military establishment. They visited the Museum and the Firing Range. A Weapon Display was also arranged, allowing the cadets to view and understand the features and functionalities of various arms and equipment used by the Assam Rifles.

INTER HOUSE FOOTBALL CHAMPIONSHIP

Inter-House Football Championship was held from 05 April to 09 April. Organized with the aim of nurturing team spirit, camaraderie, and sportsmanship, the tournament saw spirited participation from cadets of various houses. Played on a knockout basis, the championship featured matches in both junior and sub-junior category. After a series of competitive matches, Japfu House and Shilloi House emerged victorious in their respective categories, clinching the championship titles. Individual excellence was also recognized during the event. Cdt Ponzei Konyak was adjudged the Best Player in the Junior Category, while Cdt Kauka received the Best Player award in the Sub-Junior Category, acknowledging their outstanding performances on the field.



CAREER GUIDANCE PROGRAM



A total of 72 cadets from Class XII enthusiastically participated in a Career Guidance Programme conducted by Dr Malhar Pangrikar, Vice Chancellor of MIT University, Meghalaya. The event was organized by Assam Rifles - Sentinels of the North East at the 9 Assam Rifles Headquarters, Jalukie. Dr Pangrikar's session focused on key aspects of modern education, including flexible learning approaches, industry integration, entrepreneurship promotion, and the cultural relevance of education. The cadets gained valuable insights into emerging career pathways and the importance of aligning education with real-world applications and regional values.

INTER HOUSE VOLLEYBALL CHAMPIONSHIP

Inter House Volleyball Championship unfolded with energy and enthusiasm on 19 April 2025. The event witnessed the participation from senior and junior categories. The championship was played on a league cum knock out format. After a series of gripping encounters, it was Japfu House and Melak House that emerged victorious in their respective categories showcasing outstanding skill and unity on the court. The championship concluded with a prize distribution ceremony, where Lt Col Amit Chaudhary, Offg Principal congratulated the participants for their sportsmanship and dedication.



31ST LOCAL BOARD OF ADMINISTRATION MEETING



The 31st Local Board of Administration (LBA) meeting of Sainik School Punglwa was held on 25 April 2025. The meeting was chaired by Maj Gen Vijay Jotwani, SM, Chief of Staff, HQ Spear Corps, and Chairman of the LBA. The meeting was also attended by Shri S. Supongmeren Jamir, Hon'ble Member of Parliament (Lok Sabha) from Nagaland, senior state officials, and other distinguished members. During the meeting, key areas of focus including infrastructure upgrades, the steady rise in academic performance, holistic development initiatives for cadets, and upcoming projects aimed at further enriching the learning environment were discussed.

GROUP 'E' INTRA SAINIK SCHOOLS FOOTBALL TOURNAMENT

The four-day All India Sainik Schools Intra-Group 'E' Football Tournament, hosted by Sainik School Punglwa, concluded with a grand closing ceremony on 30 April 2025. The tournament which commenced on 27 April witnessed the participation of 238 cadets (boys and girls) from five Sainik Schools — Sainik School Goalpara (Assam) Sainik School Imphal (Manipur), Sainik School Punglwa (Nagaland), Sainik School Chhingchhip (Mizoram) and Sainik School East Siang (Arunachal Pradesh). The tournament was conducted in categories of Under-17 (boys), Under-15 (boys) and Under-17 (girls). All participants displayed exemplary competitive spirit and upheld the true ideals of sportsmanship. Sainik School East Siang won the coveted trophy in all the three categories.



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